

LABELS: Be sure to label all of your clothing and equipment with your name and expedition number, (708E) so you can readily identify what is yours and so any of your belongings lost and found can be returned.

<u>YOUR PERSONAL EQUIPMENT</u>	<u>CHECK</u>	<u>DOUBLE CHECK</u>
Packing		
pack with padded hip belt (rental available)	_____	_____
capacity: external frame - 4000 cu in +/-	_____	_____
internal frame - 4800 cu in +/-	_____	_____
*pack one cover - waterproof nylon	_____	_____
*6 - 12 (gallon size) Ziploc plastic bags to pack clothes	_____	_____
Sleeping		
sleeping bag in stuff sack lined with plastic bag	_____	_____
sleep clothes - worn only in sleeping bag (T-shirt and gym shorts)	_____	_____
*straps to hold sleeping bag on pack	_____	_____
*foam sleeping pad (closed cell or Thermo-Rest)	_____	_____
Clothing		
<u>Layer A (Hiking Clothes)</u>		
hiking boots - well broken in	_____	_____
lightweight sneakers or tennis shoes	_____	_____
*3 pairs heavy socks	_____	_____
*3 pairs lighter inner sock (polypro)	_____	_____
3 changes underwear	_____	_____
*2 hiking shorts	_____	_____
*2 short sleeve shirts (not nylon)	_____	_____
*1 hat or cap - flexible, with brim	_____	_____
<u>Layer B (Cool Evening)</u>		
1 long sleeve shirt (wool or polar fleece)	_____	_____
*1 long pants, cotton or nylon (not heavy jeans)	_____	_____
*1 pair insulated underwear (polypro)	_____	_____
<u>Layer C (Cold)</u>		
*1 sweater or jacket (wool or polar fleece)	_____	_____
*1 stocking cap (wool or polypro)	_____	_____
*1 glove liners or mittens (wool or polypro)	_____	_____
<u>Layer D (Cold, Wet, Windy)</u>		
*1 sturdy rain suit (A)	_____	_____

CODE

- *available at Philmont's Tooth of Time Traders
- (BB) - Packed together in plastic bag to be placed in bear bag at night
- (S) - Share with buddy
- (A) - Easily accessible in pack or carried on person

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<u>YOUR PERSONAL EQUIPMENT</u>	<u>CHECK</u>	<u>DOUBLE CHECK</u>
Eating		
deep bowl (small, plastic)	_____	_____
*cup (measuring style)	_____	_____
*spoon	_____	_____
*3 or 4 one qt. water bottles (BB, A)	_____	_____
Personal and Miscellaneous		
*small pocketknife (A)	_____	_____
*matches and lighter in waterproof container (BB,A)	_____	_____
*flashlight (small with extra batteries and bulb)	_____	_____
*Philmont map (A)	_____	_____
*compass	_____	_____
*2 bandanas or handkerchiefs (BB)	_____	_____
money (\$10 - \$20 in small bills)	_____	_____
*lip balm (BB,A) (with SPF of 25) chapstick	_____	_____
*soap, biodegradable (BB,S)	_____	_____
*toothbrush/toothpaste (BB,S)	_____	_____
*small camp towel	_____	_____
*sunglasses (inexpensive)	_____	_____
*ditty bag (for personal items in bear bag)	_____	_____
Optional		
*camera and film (BB)	_____	_____
*whistle	_____	_____
watch, inexpensive	_____	_____
*fishing equipment/licenses	_____	_____
*postcards, pre-stamped	_____	_____
rubber bands (large for packing)	_____	_____
*foot powder (BB,S)	_____	_____
*note pad and pen	_____	_____
*daypack for side hikes (S)	_____	_____

NO RADIOS, CD/MP3 PLAYERS, VIDEO GAME DEVICES OR HAMMOCKS.
CELLULAR TELPHONES ARE DISCOURAGED. DO NOT BRING DEODERANT.

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